MISSION:ALLERGY

www.missionallergy.com

Toll Free: 1-877-NOALLER(GY) 1-877-662-5537

ALLERGY SELF-HELP GUIDE

This Guidebook was written with one goal in mind: to help you help yourself. It is our belief that the first line of defense against allergy is environmental control. Scientific studies over the last several years have shown which environmental control measures are effective and which are not. The advice given in this guidebook is based on those studies. By following our simple plan, you can significantly decrease your exposure to allergy-causing substances, and significantly improve your health.

See our latest catalog beginning on Page 9.

ALLERGY TREATMENT

Substances capable of provoking allergic reactions are called allergens. Allergies to airborne allergens—such as house dust mites, mold, pollen and animal dander—affect over 50 million people in America today. Although widespread, allergies are treatable and the symptoms are controllable. Depending upon your individual situation, your allergist will recommend one, two or all three of the following treatments:

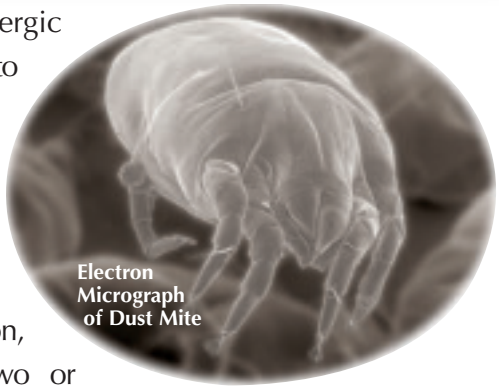


photo © Mission: Allergy, Inc.

1. ALLERGEN AVOIDANCE:

Eliminating or decreasing your exposure to the substance to which you are allergic. The less of the allergy-causing material you breathe in, the more comfortable you will be, and the less medication you will require.

2. MEDICATION:

Using pharmaceuticals in various forms to block the symptoms of allergy. Although this does not do anything to eliminate the specific allergy causing those symptoms, it is at times a necessary part of treatment, especially in asthma or severe nasal allergy.

3. IMMUNOTHERAPY (ALLERGY INJECTIONS):

Injecting the actual substances to which you are allergic, in order to produce a degree of tolerance to them. The allergist at first injects very minute amounts of the allergens, and then very slowly and gradually increases the dose over time, thereby decreasing your degree of sensitivity.

©2008 MISSION: ALLERGY, INC.

MISSION : ALLERGY

WHAT WE DO:

- *Information*--We provide patients with medically accurate advice on allergen avoidance, based on current scientific studies.
- *Research*--Our research lab performs studies on dust mite and allergen avoidance, and stays informed of the latest results of other researchers.
- *Products*--We offer the highest quality products that have been tested and proven to be effective for allergen-avoidance.

WHAT WE DO NOT DO:

- We do not sell products that have not been proven to work.
- We do not sell products that are unrelated to allergen avoidance.

WHAT WE ARE:

We are a company with a simple philosophy: *Do the right thing*. It is the driving force behind our medical advice, our products, and our approach to our employees and our customers.

A MESSAGE FROM THE PRESIDENT

Hello. I'm Dr. Jeffrey Miller, a Board Certified Allergist in clinical allergy practice since 1976, a dust mite researcher, and President of Mission: Allergy. Twenty years ago, I saw a need for a reliable source of allergen-avoidance products for my patients, and started a company to fill that need. The result today is Mission: Allergy.

Over the last two decades, many companies devoted to the allergic patient have appeared. But Mission: Allergy is unique in its focus on medical and scientific accuracy. This applies both to the advice given in this first part of our Allergy Self-Help Guide, and to the products shown in the second part of the Guide. We only sell items that have been shown in scientific studies to be effective.

The products that we manufacture ourselves are made to the highest specifications, appropriate for medical use. The other products that we distribute have in every case been carefully selected to be the best of their class. And just as important as what we sell is what we don't sell. There are many products that you will not see in this Guide. That is because they either have not been proven to work, or have actually been shown to be ineffective.

We are proud that our company is recommended by many of the finest allergists and academic allergy departments in the country. We have earned their trust by our high scientific and ethical standards. We look forward to serving your needs with those same high standards and with our exceptional customer service.

Sincerely,

Jeff Miller MD

Jeffrey Miller, MD

ALLERGEN AVOIDANCE

Once your allergist determines the specific substances that cause your symptoms, you should then reduce your exposure to those allergens as much as possible. This is the most fundamental starting place, especially when symptoms are the result of allergy to materials present in the indoor environment. In some cases, exposure can be eliminated or decreased to the point that no other treatment is necessary. In other cases exposure can be decreased only partially, making other types of treatment necessary. But even in those situations, less treatment will be required, and it will work better if you have first decreased exposure.

When thinking about decreasing exposure, it is useful to keep in mind the analogy between the level of an individual's "allergic threshold" and the capacity of a glass. If too much water is poured into the glass, it will overflow. This happens regardless of whether all of the water came from a single pitcher, or whether some water was poured from each of several pitchers. If the total amount of water exceeds the capacity of the glass, the glass will overflow. Similarly, if an individual is allergic to one or more substances, the sum total of exposures at a given time (the "total allergen load") determines whether or not the person's threshold will be exceeded and symptoms will result. Successful allergen avoidance does not necessarily mean lowering exposure to zero. It does, however, require making significant decreases in exposure, to get the level of allergen in your environment below your allergic threshold. Your basic approach should be:

- If it is a hard surface, WIPE IT
- If it is a washable fabric, hot water WASH IT
- If it cannot be wiped or washed, ENCASE IT
- If it cannot be wiped, washed, or encased, REMOVE IT
- If the indoor air is not dry, DEHUMIDIFY IT

HOUSE DUST MITE ALLERGY

WHAT IS DUST ALLERGY?

Dust allergy is actually a sensitivity to substances in the waste particles and body fragments of house dust mites.

IS EVERYONE ALLERGIC TO DUST?

While almost everyone is irritated by exposure to large amounts of dust, only some people have a true allergic reaction to house dust. This true allergic sensitivity is just as real and just as specific as an allergy to ragweed, tree pollen or cat dander. It may cause nasal symptoms, eye inflammation, asthma or eczema.

WHAT ARE DUST MITES?

Dust mites are microscopic creatures that live in pillows, mattresses, blankets, carpets and other soft materials. They are often thought of as insects, but are actually tiny arachnids, relatives of spiders and ticks. They do not live on people, but live near them. Their food is the dead skin scales that we all shed every day.

Dust mites avoid the light, and require at least 50% relative humidity to survive. They are therefore plentiful in soft materials, such as pillows, mattresses and blankets, where they can burrow into the fabric to get away from the light. Beds provide the warmth, darkness, high humidity and shed skin scales that mites crave, and they are the source of the biggest mite exposure for most of us. A mattress may contain over a million dust mites. A female mite lays about 60 eggs in her lifetime. Each mite lives for about 80 days, during which time it produces one thousand allergy-causing waste particles.

Live mites themselves are not inhaled. Rather, it is the waste particles that they have produced, and the body fragments of dead dust mites, that become airborne, are inhaled and cause allergy symptoms. This is because mites do not live in the air, but are burrowed in soft materials. Mite waste particles become briefly airborne when one walks on a carpet, sits on an upholstered chair, places one's face on a pillow, makes a bed, or otherwise disturbs the soft materials where the dust mites are living.

WHAT CAN BE DONE TO DECREASE EXPOSURE TO HOUSE DUST MITES?

Efforts should focus on the bedroom, where mite numbers are highest, and where most people spend a third of their life. Steps should be prioritized, taking first those actions that are relatively easy, but that produce large decreases in exposure.

Electron Micrograph of Dust Mite

photo © Mission: Allergy, Inc.

START WITH THE BEDROOM:

IMPORTANT STEPS

1. Encase pillows, mattress and box spring in allergen impermeable covers, to prevent mite allergens from escaping and being inhaled. An alternative is to purchase a new pillow manufactured with an allergen barrier outer fabric.

If there is more than one pillow on the bed, all of them should be encased, or replaced with barrier fabric pillows.

2. Use washable blankets, and wash all bedding in hot water every 2 weeks. This will kill any live mites, and also wash out accumulated allergen.

Replace comforters with a special comforter manufactured with an allergen-barrier outer fabric. Since such comforters can not be colonized by mites, they need not be washed frequently.

3. If possible, remove the bedroom carpet, leaving a wipeable floor (hardwood or tile).

Washable throw rugs may be used, if washed every 2 weeks in hot water.

4. Remove stuffed toys, throw pillows, pennants, upholstered furniture, and other non-washable, non-wipeable items from the bedroom.

Washable toys may be kept in limited number if they are hot water washed regularly.

OPTIONAL STEPS

1. Remove curtains from the bedroom, using instead wipeable blinds or shades. Alternatively, wash or dry clean curtains frequently.

2. If you can not remove the bedroom carpet, use a dry carpet cleaning product to remove dust and mite allergens.

Avoid shampooing carpets, as the residual moisture can actually increase mite growth.

CLEAN YOUR HOME:

IMPORTANT STEPS

1. Have cleaning done when the allergic person is not present. If the patient does the cleaning, he or she should wear a facemask, and consider wearing goggles.

2. Use a good quality vacuum that entraps allergen and prevents it from blowing out through the exhaust. Many vacuum cleaners can be inexpensively improved simply by using high filtration bags.

OPTIONAL STEPS

1. Extend the measures described for the bedroom to the family room: remove carpets, and use wipeable (wood, leather or plastic) rather than upholstered furniture.

2. Wash and dry-clean clothing frequently, and keep clothing in a closet with the door shut. Store cleaned woolens in individual plastic bags.

CONTROL YOUR AIR:

IMPORTANT STEPS

1. Keep humidity below 50% to prevent dust mite growth entirely. Lesser decreases in humidity still suppress dust mite growth and allergen production somewhat. **Use air conditioning in the summer, supplemented with an additional dehumidifier.**

2. Avoid using a humidifier in the winter, or if one is used, **monitor humidity with a gauge,** and keep relative humidity below 45-50%.

The following steps are of questionable benefit, and we can not recommend them based on current information:

- The role of chemical treatment of mites in carpets is unclear. Benzyl benzoate works very well in the laboratory to kill dust mites on contact, but has not been shown to decrease mite allergen levels in homes enough to decrease symptoms. Tannic acid does not affect the mites themselves, but works to inactivate the allergen in their waste particles. It is less effective and shorter lasting than previously believed. Neither of these is recommended by the current National Heart, Lung and Blood Institute guidelines.
- Air cleaners, although widely used, have not been shown to be of significant benefit for mite allergy. This is probably because mite allergens in the air settle to the floor within a half-hour after disturbance. Air cleaners are more useful for smaller allergens, such as animal danders, which stay airborne for long periods of time.
- Studies have shown little or no allergen in hot air ducts. Hot air duct cleaning has not been shown to be helpful or needed.

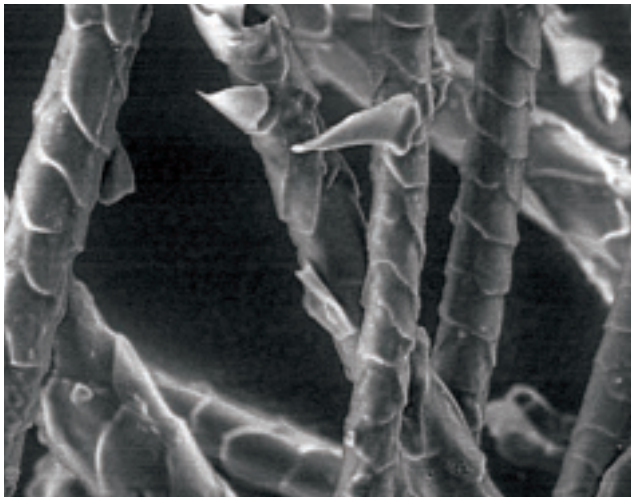
ANIMAL DANDER ALLERGY

WHAT ARE ANIMAL ALLERGENS?

Cats, dogs and other mammals produce proteins in their skin that can become airborne and cause allergic symptoms. Because of their very small size (much smaller than pollen grains or dust mite particles) these particles remain suspended in the air for long periods of time. It is not the hair of the animal, but rather the dander produced by the skin, that causes the allergic reaction. Even a non-shedding pet produces dander, so the sad truth is that there is no such thing as a non-allergenic breed of cat or dog. However, it is true that some individual cats or dogs produce more allergenic dander than other individual cats or dogs.

WHERE ARE ANIMAL ALLERGENS FOUND?

Animal allergen levels are highest in homes where pets are present. What is surprising, however, is that these allergens are also found (in lesser amounts) in places–such as schools and workplaces–where pets have never been present, having been brought there on the clothing of pet owners. Dander allergens are sticky, and dander in soft materials, such as carpets, mattresses, upholstered furniture and clothing, can persist for long periods of time. Unless special steps are taken, pet dander can remain in a home for up to six months after the pet has been removed.



Electron Micrograph of Cat Hair

photo © Mission: Allergy, Inc.

WHAT CAN BE DONE TO DECREASE EXPOSURE TO ANIMAL DANDER ALLERGENS?

The medically best solution is the most emotionally difficult: finding a new home for the pet. Although this is a decision that only you and your family can make, the fact is that there is no other action that will as dramatically, effectively and safely eliminate the symptoms of pet allergy. If you are able to remove the pet, the steps noted below will hasten the clearing of residual pet allergen.

If you can not or will not remove the pet, the following steps will decrease the level of exposure somewhat. Whether or not they will be sufficient to relieve symptoms will depend on the severity of the allergy.

START WITH THE BEDROOM:

1. **Keep the pet out of the patient's bedroom at all times.**
2. **Encase the pillow, mattress and box spring in allergen-proof covers,** to prevent previously accumulated dander from becoming airborne and being inhaled. [Not all encasings sold today will block animal allergen. Verify that the encasing blocks dander as well as mite allergens before purchasing.]
3. **Wash all bedding including blankets repeatedly,** or replace.
4. Remove the bedroom carpet, if possible.

CLEAN YOUR HOME:

1. **Vacuum your carpet with a vacuum cleaner that traps the very small dander allergens.** The allergen-trapping ability of a standard vacuum can be improved by using high filtration bags.
2. **Confine the pet to a small area** that is closed off from the rest of the house, ideally one with a wipeable floor.
3. **Minimize direct contact with the pet,** and wash hands after touching it. Do not sit on furniture that the pet ever occupies.
4. **Bathe the pet** twice weekly to temporarily remove allergen from its skin.

CONTROL YOUR AIR:

1. **Open windows to allow an exchange of air through the house,** so that airborne dander allergen can escape. (This may be counterproductive, however, if the patient is also pollen-allergic.)
2. **With windows closed, HEPA air cleaners can remove significant amounts of animal allergen.** Air cleaners are more effective at removing animal allergen than dust mite allergen, since the much smaller and lighter dander allergens are always in the air, and thus subject to the filtering effect of the air cleaner.

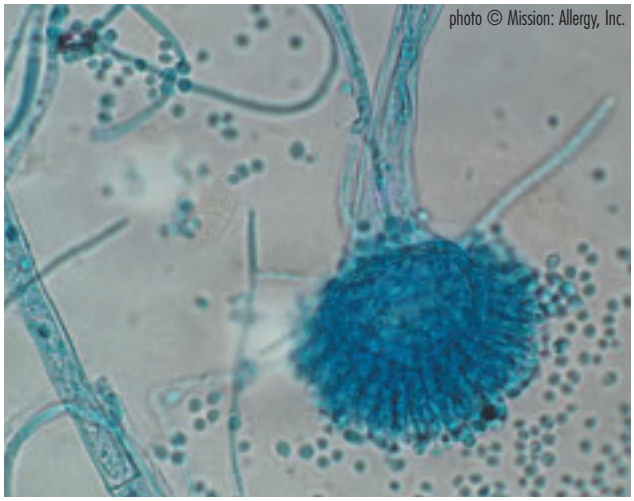
The following steps are of questionable benefit, and we can not recommend them based on current information:

- Despite claims to the contrary, there is no evidence that certain breeds of dogs or cats are less allergenic than others.
- Products claiming to remove cat or dog allergen from the skin of the pet have not been shown to be more effective than ordinary washing.

WHAT IS MOLD?

Molds are microscopic fungal organisms. They grow as networks of interlocking filaments that spread on and into organic matter, leading to its decomposition. When clusters of these filaments become large enough, they are visible as fuzzy growths of mold or mildew. Bread mold is a familiar example.

Mold lives by secreting enzymes that break down the organic matter on which the mold is living, making it available as a nutrient for the mold. This breaking-down action is what makes mold damaging to household items such as paper, fabric or leather. Molds reproduce by forming spores, which travel through the air, settle on other plant or animal organic material, and grow into new clusters of filaments. The mold spores travel over large distances, and are often more numerous than the pollen grains of plants. Proteins in the secretions of the mold filaments, and possibly in the mold spores, are capable of causing allergy in some people.



Microscopic View of a Mold Releasing Spores

WHERE ARE MOLDS FOUND?

Molds are found primarily in warm, dark and damp locations. Unlike plants, which use energy from the sun to produce food, molds obtain their energy by digesting other organic matter. To do so, they need moisture. Molds grow out of doors, and, if the humidity is high enough, indoors as well. They do not have the clearly defined seasons that pollens do, but are at their peak during months of high humidity, and are absent in outdoor air only if there is snow on the ground. They can grow on grass and on the bark of trees, and are plentiful in fallen leaves and other decaying vegetation. Indoors, they live in areas of high humidity, such as basements or poorly ventilated bathrooms.

WHAT CAN BE DONE TO DECREASE EXPOSURE TO MOLD?

CLEAN YOUR HOME:

1. Use diluted bleach to eliminate visible mold growth in showers and on shower curtains.

2. Avoid carpets in bathrooms, or use only washable throw rugs.

3. Remove any carpeting that has been installed directly on basement concrete floors. Use wipeable, vapor-barrier materials, such as tile or vinyl flooring. Mold-allergic people should not sleep in basement level bedrooms.

CONTROL YOUR AIR:

1. Keep humidity under 50% by using air conditioning — possibly supplemented with dehumidifiers — in the summer. Use a gauge to measure indoor humidity. Small air dryers may be used to prevent mold growth in closets.

2. Avoid over-humidification. Either do not use a humidifier in the winter, or if you do, limit its output so that humidity remains under 50%. Use only humidifiers that have a heating element that prevents mold from growing in the unit itself.

3. Allow moisture to escape from the home. Ventilate the shower and cooking areas. Vent your clothes dryer to the outdoors. Open windows when outside humidity is low.

4. Do not store firewood indoors, and avoid live Christmas trees. Do not repot plants indoors. Mold lives on the bark of trees and in soil.

AVOID OUTDOOR EXPOSURE:

1. Avoid greenhouses, antique shops, summer cottages, and musty hotel rooms.

2. Wear a facemask, and possibly goggles, if you must cut grass, rake leaves, work in a barn, or be exposed to compost.

MISSION : ALLERGY

Q&A

See our Website for helpful **Dust Mite Avoidance Video**

"We exclusively recommend Mission: Allergy products in our division. Quality and comfort are key in mite barrier encasements, and Mission: Allergy covers are the best. Our patients also appreciate the quality service."

Ron Simon, MD
Head, Division of Allergy, Asthma and Immunology
Scripps Clinic*

"I am very impressed. You follow the scientific literature and sell only products that work. I wish you continued success with your company."

Murray Dworetzky, MD
Clinical Professor of Medicine, Cornell Medical College*
Past President, American Academy of Allergy Asthma and Immunology*

"We recommend Mission: Allergy. They not only provide excellent products at competitive prices, but they also educate patients for better overall allergy care."

Jack Becker, MD
Chief, Section of Allergy
*St. Christopher's Hospital for Children**

*Institutions are mentioned for identification purposes only; statements do not constitute an endorsement by the institution. The above physicians do not receive compensation from Mission: Allergy, Inc.

What is an encasing?
An encasing is an allergen-proof barrier that completely surrounds a pillow, mattress or boxspring, preventing the escape and subsequent inhalation of allergy-causing particles. All Mission: Allergy pillow and mattress encasings are made from breathable barrier fabric that allows air and water vapor to pass, while blocking all allergens.

Why are encasings important?
If you sleep 8 hours a night, you spend one-third of your life in bed! And dust mites are present in very high numbers in beds, where warmth, humidity, and dead human skin cells promote their growth.

Are they uncomfortable? Do they make noise?
Not in the least—if they are good quality. Mission: Allergy encasings are soft and breathable, never stiff, hot or noisy.

Do I still use a pillow case and sheets?
Yes. The pillow case goes over the allergen-proof pillow encasing, and sheets go over the allergen proof mattress encasing. The pillow case and sheets should be washed in hot or warm water every one or two weeks.

Should the encasing be washed?
The allergen-proof encasings should *not* be washed frequently. Although they are machine washable, frequent washing is unnecessary, since the surface of a high-quality encasing is too smooth to allow dust mite growth. Washing may even be counterproductive, since allergen escapes into the air every time the encasing is taken off.

How should encasings be cared for?
Simply wipe with a damp cloth or vacuum monthly to remove surface dusts. Wash encasings only if they become soiled.

How are Mission: Allergy encasings different from other encasings?
They are far superior to other encasings in both the quality of the barrier fabric and the quality of the sewing construction. The differences are immediately obvious.

Do I need to tape over the zipper?
All Mission: Allergy encasings are manufactured with interior flaps of barrier fabric that prevent the escape of allergens through the zipper. They do not need to be taped.

What is the pore size of Mission: Allergy encasings and comforters?
Mission: Allergy Premium Microfiber has a pore size of only 2 microns…the smallest of any microfiber encasing fabric on the market. Mission: Allergy Barrier Fabric II has a pore size of 6 microns.

Why are some items in other catalogs but not yours?
Because we only sell products that work. If you do not see a product for allergen-avoidance in our catalog, you very likely don't need it!

Call our knowledgeable representatives for additional product information.
Toll Free: 1-877-NOALLER(GY) 1-877-662-5537

MISSION ALLERGY

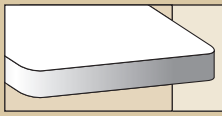
Product Catalog

Allergen-Proof Encasings 10
Pillows & Comforters 12
Washable Blankets 14
Home Cleaning 16
Air Control 18
Air Cleaners 20
Order Form 22

Allergen-Proof Encasings

MISSION: ALLERGY® Allergen-Proof Pillow and Mattress Encasings are made with the highest quality sewing construction. The differences from competitive products are immediately apparent. All seams and edges are bound with seam binding for durability.

All zippers are highest quality, with interior zipper flaps to prevent possible allergen escape through the zipper webbing. And placement of encasings on the mattress is easy, thanks to super-long zippers — half the circumference of the entire mattress!



Please measure your mattress before ordering:

W _____ x **L** _____ x **H** _____

Comfort
MISSION: ALLERGY® encasings are comfortable because they "breathe". Air moves freely through them, even though allergens can not!

Protection
MISSION: ALLERGY® encasings prevent the escape of allergens. These amazing fabrics are so tightly woven that water actually beads up on their surface!

Durability
MISSION: ALLERGY® encasings are made to last. Bound seams, zipper flaps, and quality zippers ensure lasting value.

MISSION: ALLERGY® manufactures its own allergen-proof encasings from two exclusive fabrics, available only from MISSION: ALLERGY®.

PLEASE

CALL

FOR

FREE

FABRIC

SWATCHES

MISSION: ALLERGY Premium Microfiber®

This silky soft, premium quality microfiber fabric is strong but lightweight, and totally imperceptible beneath the pillowcase and sheets. It is an extremely tightly woven, true microfiber fabric with a mean pore size of only 2 microns, the smallest of any commercially available encasing. It allows the free passage of air and moisture, but prevents the escape of allergens, both dust mite allergens as well as the smaller animal dander allergens. It is the ultimate in comfort, protection, and durability. Lifetime warranty.

MISSION: ALLERGY Barrier Fabric II®

This high quality fabric is an exceptional value, providing protection and durability at a moderate price. It is an effective allergen barrier, with a mean pore size of 6 microns, and is made with the same quality construction as our top-of-the-line Premium Microfiber encasings. For effectiveness at a midline price, these encasings have no equal. Ten-year warranty.

Want to see for yourself the difference in MISSION: ALLERGY® quality? Order a single pillow encasing with no shipping charge!

"I recommend Mission: Allergy to my patients who want the highest quality products for allergen avoidance."

Joseph Sproviero, MD, PhD
Assistant Clinical Professor of Medicine, Yale University School of Medicine*

"Environmental control of allergens is the first priority and the biggest challenge for patients. I am impressed with Mission Allergy's dedication to providing evidence-based products for the allergy patient. Their brochure is educational and their service and products are excellent."

Richard J. Morris, MD
Allergy and Asthma Care, P.A., Maple Grove, MN
Clinical Professor of Medicine, University of Minnesota*

*Institutions are mentioned for identification purposes only; statements do not constitute an endorsement by the institution. The above physicians do not receive compensation from Mission: Allergy, Inc.

Pillow Encasing

Mattress Encasing

MISSION: ALLERGY® Pillow Encasings

Breathable, medically effective, quality-sewn encasings, with dual zipper flaps. Made in USA.

European square, body pillow, travel pillow, and other sizes available. Call for information.

	PREMIUM MICROFIBER		BARRIER FABRIC II	
Standard (20″ x 27″)	#EPS	$16.95	#EPS-B	$10.95
Queen (20″ x 31″)	#EPQ	$18.95	#EPQ-B	$11.95
King (20″ x 38″)	#EPK	$20.95	#EPK-B	$12.95

MISSION: ALLERGY® Mattress Encasings

Breathable, medically effective, quality-sewn encasings, with inner zipper flap, extra-long zipper. Made in USA.

Available in 9″, 12″, 15″ and 18″ Depths.

FOR 12″ DEEP, Microfiber or Barrier Fabric II, **add $13.95**
FOR 15″ DEEP, available in Microfiber only, **add $18.95**
FOR 18″ DEEP, available in Microfiber only, **add $24.95**

We can manufacture custom sizes to your specifications. Call for information.

FOR AIRBEDS, WATERBEDS, OR TRAVEL, where a zippered encasing is impractical, we offer easy-placement encasings constructed like a fitted sheet. Call for information.

	PREMIUM MICROFIBER		BARRIER FABRIC II	
Crib (29″ x 52″)	#EMC	$49.95		
Twin 9″ (39″ x 75″)	#EMT	$83.95	#EMT-B	$59.95
Long Twin 9″ (39″ x 80″)	#EMLT	$87.95	#EMLT-B	$62.95
Full 9″ (54″ x 75″)	#EMF	$105.95	#EMF-B	$69.95
Queen 9″ (60″ x 80″)	#EMQ	$114.95	#EMQ-B	$85.95
King 9″ (78″ x 80″)	#EMK	$143.95	#EMK-B	$95.95
Cal. King 9″ (72″ x 84″)	#EMCK	$143.95	#EMCK-B	$95.95

MISSION: ALLERGY® Box-Spring Encasings

The MISSION: ALLERGY® BARRIER FABRIC II encasing in 9″ depth makes a high quality box spring encasing. Low Profile box-spring encasings in 6″ depth available for Queen and King only. Made in USA. For economy box-spring encasings, we have tear-resistant, heavy gauge vinyl with welded seams. Imported.

Bunkyboard encasings available for bunk beds.
Boxspring encasing also offered in Premium Microfiber with a lifetime warranty.
Call for information.

	BARRIER FABRIC II		VINYL	
Twin 9″ (39″ x 75″)	#EBT-B	$59.95	#EBT	$16.95
Long Twin 9″ (39″ x 80″)	#EBLT-B	$62.95	#EBLT	$17.95
Full 9″ (54″ x 75″)	#EBF-B	$69.95	#EBF	$19.95
Queen 6″ (60″ x 80″)	#EBQ-B6	$83.95		
Queen 9″ (60″ x 80″)	#EBQ-B	$85.95	#EBQ	$21.95
King 6″ (39″ x 80″) set of 2	#EBK-B6	$123.95		
King 9″ (39″ x 80″) set of 2	#EBK-B	$125.95	#EBK	$35.95
Cal. King 9″ (37″ x 84″) set of 2	#EBCK-B	$129.95	#EBCK	$35.95

Comforters, Pillows & More

Our comforters, pillows and mattress pads are made with the same MISSION: ALLERGY Premium Microfiber® fabric used in our best encasings, so they are completely impermeable to all allergens, yet feel as soft as silk. They cannot become colonized with mites, and will thus never contain any interior mite allergen. Neither will they retain animal dander allergen.

Unlike ordinary blankets or comforters, these comforters do not need to be washed weekly to eliminate allergens, but only need to be washed infrequently, when soiled. They are a good alternative to encasing an existing pillow or comforter. If desired, they may be covered with decorative duvet covers, with only the decorative cover requiring regular washing.

MISSION: ALLERGY® Premium Microfiber Allergen-Proof Comforters

100% polyester. Made in USA.

		SENSUELLE®		Quallofil®	
Twin	(86″ X 64″)	#DST	$164.95	#DQT	$129.95
Full/Queen	(86″ X 86″)	#DSFQ	$199.95	#DQFQ	$169.95
King	(86″ X 102″)	#DSK	$259.95	#DQK	$199.95
Long King	(96″ X 104″)	#DSLK	$279.95		

MISSION: ALLERGY® Premium Microfiber Allergen-Proof Blanket-Weight Comforter

Oversized. 100% polyester. Made in USA.

		SENSUELLE®		Quallofil®	
Lap	(54″ X 44″)			#DBQL	$69.95
Twin	(90″ X 70″)	#DBST	$139.95	#DBQT	$119.95
Full/Queen	(90″ X 90″)	#DBSFQ	$169.95	#DBQFQ	$149.95
King	(90″ X 107″)	#DBSK	$219.95	#DBQK	$179.95

These pillows and comforters are available in your choice of two quality fillings: premium Sensuelle® and Quallofil® -- each covered with the same luxurious MISSION: ALLERGY Premium Microfiber® fabric.

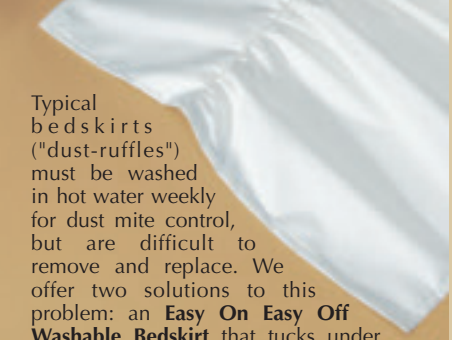
SENSUELLE® is made from ultra-fine fibers that are as soft and as fine as silk, for a true down-like feeling. Its superior lofting quality provides the ultimate in comfort, softness and resilience, for a warm, lightweight, and luxurious pillow or comforter.

Quallofil® pillows and comforters offer an economical alternative. The patented fiber structure of the Quallofil® stuffing assures excellent warmth and softness, while the Premium Microfiber outer cover still protects you from all allergens.

Washable Decorative Comforter Covers & Pillow Shams

To add color to one of our allergen-proof comforters, cover it with one of these lovely 230-thread count Cambric Cotton covers. Only the cover will then need periodic washing. Easy-on/easy-off zippers go *one full width and length* of the comforter or pillow. Available in three dual (top/bottom) color combinations: Dark Grey/Brick Red, Navy/Periwinkle, and Khaki/Ivory.
Made in USA.

Twin	(86″ x 64″)	#DCT	$59.95
Queen	(86″ x 86″)	#DCFQ	$89.95
King	(86″ x 102″)	#DCK	$99.95
Long King	(96″ x 104″)	#DCLK	$105.95
Standard Sham		#SHMS	$29.95
Queen Sham		#SHMQ	$34.95
King Sham		#SHMK	$39.95



Typical bedskirts ("dust-ruffles") must be washed in hot water weekly for dust mite control, but are difficult to remove and replace. We offer two solutions to this problem: an **Easy On Easy Off Washable Bedskirt** that tucks under the mattress for easy removal and washing, and a **Microfiber Bedskirt** that completely covers the box spring, but is constructed from Mission: Allergy barrier fabric and therefore does not require washing.

Easy Care Bedskirts

Easy On Easy Off Washable Bedskirts
These bedskirts are held in place by an eight-inch strip of fabric that is tucked into place. They are therefore easy to remove, wash and re-insert. Fourteen inches from seam to bottom. White or natural. Polyester/cotton blend. Made in USA.

Twin/Long Twin/Full	**#STF**	**$43.95**
Queen/King/Cal King	**#SQK**	**$49.95**

White Natural

MISSION: ALLERGY Microfiber® Bedskirts
This traditional-style bedskirt completely covers the box spring for a secure fit. However, because it is constructed from our exclusive barrier fabrics, it cannot be colonized by mites, and thus does not require frequent washing. Fourteen inches from seam to bottom. White only. 100% polyester microfiber. Made in USA.

Twin (39″ x 75″)	**#SDT**	**$84.95**
Full (54″ x 75″)	**#SDF**	**$89.95**
Queen (60″ x 80″)	**#SDQ**	**$94.95**
King (78″ x 80″)	**#SDK**	**$99.95**
Cal King (72″ x 84″)	**#SDCK**	**$99.95**

MISSION: ALLERGY® Premium Microfiber Allergen-Proof Pillows
100% polyester. Made in USA.

		SENSUELLE®		Quallofil®	
Travel	(12″ x 18″)	**#PST**	**$19.95**		
Standard	(20″ x 26″)	**#PSS**	**$44.95**	**#PQS**	**$30.95**
Queen	(20″ x 30″)	**#PSQ**	**$53.95**	**#PQQ**	**$36.95**
King	(20″ x 36″)	**#PSK**	**$59.95**	**#PQK**	**$41.95**

MISSION: ALLERGY® Premium Microfiber Allergen-Proof Mattress Pads
Constructed like a fitted sheet. Fits mattresses up to 18″ deep. Made in USA.

Twin	(39″ x 75″)	**#MPT**	**$99.95**
Full	(54″ x 75″)	**#MPF**	**$119.95**
Queen	(60″ x 80″)	**#MPQ**	**$149.95**
King	(78″ x 80″)	**#MPK**	**$189.95**

CONSUMER ALERT:
These pillows, comforters and mattress pads are available exclusively from MISSION:ALLERGY®. Do not confuse them with other "hypoallergenic" items, even those stuffed with Sensuelle® or Quallofil®. The term hypoallergenic refers only to the fact that the *interior* stuffing does not itself cause allergy–it can still become colonized with dust mites! Our pillows, comforters and mattress pads have an allergen-barrier *exterior*, and thus cannot become colonized with mites. They therefore do NOT require frequent hot water washing.

MISSION: ALLERGY® Microfiber Allergen-Proof Comforter Covers.
If you already have a comforter to which you are attached, one option is to simply place it within a cover made from our allergen-proof Premium Microfiber fabric. A decorative comforter cover may then be used on top of the barrier encasing, with only the decorative cover needing hot water washing. Our microfiber encasings are imperceptible in use, and do not give the comforter a stiff feeling. Made in USA.

Comforter Clips. Easy-to-use snap-on style.
Keeps comforter secure and neat inside your comforter cover.

		PREMIUM MICROFIBER	
Twin	(86″ X 64″)	**#CCT**	**$114.95**
Full/Queen	(86″ X 86″)	**#CCFQ**	**$139.95**
King	(86″ X 102″)	**#CCK**	**$169.95**
Long King	(96″ X 107″)	**#CCLK**	**$179.95**
Clips	(pkg. of 4)	**#CLIPS**	**$7.95**

See our Website for additional products!

Washable Blankets & More

Our MISSION: ALLERGY® genuine Polartec® blankets provide warmth without weight. Air pockets in the fleece on either side of an insulating core trap body heat, creating thermal insulation. These blankets are not only extremely soft and comfortable, but they are also able to withstand the repeated hot water washing and machine drying necessary to kill dust mites and remove all allergens. Quick drying and non-pilling. Available in four luxurious Polartec® fabrics and several fashion colors, tastefully finished with color coordinated blanket-stitch edging.

We now also feature a natural cotton blanket made of certified organic cotton.

Comfort Velour Blanket

This warm, oversized blanket with a densely woven velour finish is brushed and napped on both sides. Ideal for those who want warmth without bulk. Shown in ivory. Available in solid colors: ivory, beige, taupe and denim. See color chart. 100% polyester. Made in USA.

POLARTEC Climate Control Fabrics

Twin (96″x 60″)	**#BVVT**	**$84.95**
Full/Queen (96″ x 80″)	**#BVVFQ**	**$104.95**
King (96″x 100″)	**#BVVK**	**$119.95**

Ivory Beige Taupe Denim

Luxury Soft Blanket

The luxurious feel of cashmere in an ultra–lightweight yet ultra–warm blanket. A favorite in all seasons, plush and cozy for snuggling. Shown in denim. Available in solid colors: ivory, beige, taupe and denim. See color chart. 100% polyester microfiber. Made in USA.

POLARTEC Climate Control Fabrics

Twin (84″x 60″)	**#BLST**	**$89.95**
Full/Queen (90″ x 80″)	**#BLSFQ**	**$119.95**
King (96″x 100″)	**#BLSK**	**$149.95**

Ivory Beige Taupe Denim

Simply*natural*™ Tencel Lyocell© Sheets and Pillow Cases

Made from 300 thread-count Tencel lyocell, a high strength natural fiber regenerated from eucalyptus trees, these luxurious sheets have a soft, silky feeling. The unique combination of softness, strength, breathability and drapability make lyocell the ideal fiber for sheets-- softer, yet more durable than cotton. You will love them! Set includes one flat sheet, one fitted sheet, and two pillowcases (one with Twin). Fit mattresses up to 18″ deep. Pillowcases are 20″ x 30″, except King 20″ x 40″. Soft white, striped pattern. Made in India.

Twin	(39″ x 76″)	**#SNT**	**$149.95**
Full	(54″ x 76″)	**#SNF**	**$179.95**
Queen	(60″ x 80″)	**#SNQ**	**$199.95**
King	(78″ x 80″)	**#SNK**	**$229.95**
Extra pillowcase:			
Standard	(20″ x 30″)	**#PCNS**	**$16.95 ea.**
King	(20″ x 40″)	**#PCNK**	**$21.95 ea.**

"I am always on the lookout for products that will make my life less itchy, sneezy and wheezy… My Mission: Allergy blanket was snuggly soft. (After washing) it didn't stretch or get misshapen, and was as soft as ever. It seems this blanket can withstand the hot water washings and drying necessary to kill dust mites… I love this blanket! I can't imagine a night without it."

Brooke Sander
MA Report newsletter,
Allergy & Asthma Network / Mothers of Asthmatics*

Midweight and Heavyweight Shearling Blankets

These blankets have the luxurious texture, look, and feel of shearling lambswool, yet are machine washable. Choose heavyweight for winter use, midweight for year 'round comfort. Shown in taupe. Midweight in solid colors; Heavyweight is heather tones. 100% polyester. Made in USA.

POLARTEC® Climate Control Fabrics®

	Midweight		Heavyweight	
Twin (84″ x 60″)	**#BMST**	**$79.95**	**#BHST**	**$99.95**
Full/Queen (90″ x 80″)	**#BMSFQ**	**$99.95**	**#BHSFQ**	**$119.95**
King (90″ x 100″)	**#BMSK**	**$114.95**	**#BHSK**	**$139.95**

Midweight colors

Ivory · Beige · Taupe · Navy

Heavyweight colors

Oatmeal Heather · Blue Heather

Organic Cotton Blanket

Made of Certified Organic Cotton, these lightweight blankets are naturally soft, comfortable, and attractive, ideal for summer use. Pre-shrunk and machine washable. Available in only the natural beige color of cotton; no dyes whatsoever are added. 100% organic cotton. Made in USA.

Lap (67″ x 46″)	**#BOCL**	**$49.95**
Twin (90″ x 70″)	**#BOCT**	**$79.95**
Full/Queen (90″ x 90″)	**#BOCFQ**	**$99.95**
King (90″ x 110″)	**#BOCK**	**$139.95**

MISSION: ALLERGY® Allergen-Proof Comfort Cushion

Fun for kids, this comfy, round cushion is great for reading, watching TV, or just lounging. The inner allergen-barrier lining prevents the passage of mite or dander allergens, and the removable cotton outer cover is easy to wash. Can also be used as a mite- and flea-proof pet bed. Cushion, allergen-barrier lining, and outer cover included. Specify periwinkle blue, cream, or plum washable outer cover. *(Additional heavy item shipping charge, $9.95)*

42″	**#CU42**	**$89.95**
48″	**#CU48**	**$109.95**

Extra washable outer cover:

42″	**#CU42C**	**$19.95**
48″	**#CU48C**	**$24.95**

Home Cleaning

"I use your Self-Help Guide because I can rely on it to be accurate and balanced, and to provide quality products to my patients. The information about allergy is useful and not distorted by a sales pitch, as it is with some other companies. Your company sells only products that have been shown to be effective."

Andrew Saxon, MD
Chief, Division of Clinical Immunology & Allergy
UCLA School of Medicine*

*Institutions are mentioned for identification purposes only; statements do not constitute an endorsement by the institution. The above physicians do not receive compensation from Mission: Allergy, Inc.

Nilfisk® Family Vac

Manufactured by the company that produces vacuums for NASA, pharmaceutical clean rooms, and asbestos abatement projects, the Nilfisk® Family Vac brings industrial technology to a home canister vacuum cleaner ideal for the allergic family. Its three-stage filter system ends with a true HEPA filter that captures 99.97% of particles as small as 0.3 microns. Powerful 1100-Watt motor produces unusually high suction power (102" of waterlift) and air-flow (85 cubic feet/minute), yet operates at only 59 decibels, much quieter than most vacuum cleaners. Large, impact-resistant tank holds 1.3-gallon disposable bags, and features heavy-duty wheels and an extra long 30' cord. Comes with 5 bags, crevice cone, dust brush, floor tool and upholstery nozzle. Two-year warranty.

#VNFAM ~~list price $695~~ **$549.95**

Optional **Turbo Nozzle** is recommended for low to medium pile carpeting. Its air-driven rotating brush works off the suction of the vacuum cleaner to loosen dirt and comb pile. **#VNTN** **$99.95**

Optional **Power Nozzle** is recommended for medium to deep pile carpeting and has an electrically driven brush that works off its own motor to loosen dirt and comb pile. **#VNPN** **$249.95**

Nilfisk® Vac Bags for the Family Vac **#VNFAMB** **$16.95 for 5**

HEPA Filter Replacement Cartridge for Family Vac (replace every 5 years) **#VNFAMH** **$69.95**

3M™ Filtrete™ Vacuum Filter Bags

In a university study, these triple layer bags ranked highest in air-flow and allergen containment. They trap over 95% of particles as small as 0.3 microns, yet last two to three times longer than regular bags.

$10.95 for 4 bags
Call (or see our website) for model availability.

Electrolux Oxygen 3 Vacuum Cleaners

Available in upright and canister models, these vacuums are top rated for low particle emissions by a leading consumer's magazine. Both attractive and functional, they feature a powerful 12 amp motor, a sealed HEPA filtration system that captures 99.5% of ultra-fine particles as small as 0.3 microns, and dust collection bags that allow safer emptying. An optimum sensor system ensures peak efficiency by automatically monitoring the cleaner's performance and indicating when bag or filter needs changing. Two-year warranty.

The **Upright EL5035A** has an exclusive electronic height adjustment that lets you adjust the nozzle to the correct height for any type of floor, at the touch of a button. Accessories--including upholstery and dusting brushes and crevice tool--are conveniently stored behind a touch-release cover in a hidden compartment.

 # VEO3U **$399.95**

The **Ultra Canister EL7020A** model includes a full-featured power nozzle to clean all types of carpets and hard floor surfaces, finger-tip controls, dusting brush and crevice tool, and a convenient automatic cord rewind function. **# VEO3C** **$499.95**

Vacuum Bags for Oxygen 3 Upright capture ultra-fine particles, plus a motor filter. **#VEO3UB** **$9.95 for 4, +1 motor filter**

S-bag Clinic Bags for Oxygen 3 Canisters, with high-tech 3-layer filtration system. **#VEO3CB** **$9.95 for 4**

HEPA H12 Filter fits Oxygen 3 canisters and uprights, retains 99.5% of dust and other particles. **#VEO3H** **$19.95**

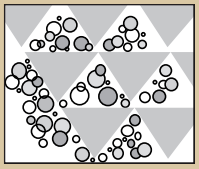
Vacuum Belt for Oxygen 3 Upright **#VEO3UBE** **$12.95 for 2**

Vacuum Belt for Oxygen 3 Canister **#VEO3CBE** **$ 6.99 for 2**

MISSION: ALLERGY® Dust Cloths

Wipe dust off of hard surfaces without it becoming airborne. The microfiber construction of the cloth contains millions of wedge-shaped sections that catch and retain dust particles, without the need for cleaning sprays or chemical treatment of the cloth. Simply wash the cloth to remove dust and reuse. Package includes one general purpose cleaning cloth suitable for use on all surfaces, and one fine-nap cloth for cleaning electronic equipment, screens and lenses. 100% polyester microfiber. 16″ x 16″; 12″ x 12″. Imported.

Package of two cloths **#DC $13.95**



The microfiber construction of the cloth contains millions of wedge-shaped sections that catch and retain dust particles.

Rapid Test for Dust Mite Allergen

Allows you to measure the amount of dust mite allergen in your home. Dust mites are invisible, but this easy test will tell you in ten minutes whether there is a low, medium or high level of mite allergen in samples of carpet or bedding dust, allowing you to take corrective action. Kit contains everything needed to perform 2 tests: contact-free dust collector system, testing solution, 2 test cassettes with built-in color charts, and complete, easy to follow instructions. This kit uses test reagents developed at the University of Virginia, and is the most accurate allergen test kit available for home use. **#RT $29.95**

Capture® Carpet Cleaner

This dry treatment has been shown to remove significant amounts of dust mite allergen from carpets. Capture® cleans without water, unlike wet carpet cleaners, which leave a damp residue that actually promotes dust mite growth. When rubbed into the carpet, these porous, microscopic particles work like tiny sponges, absorbing dirt, dust and allergen, which are then vacuumed with the Capture® particles from the carpet. Kit includes 24oz. Soil Release Pre-Mist, 4lb. pail of Capture® Carpet and Rug Dry Cleaner, and cleaning brush. **#CCC $29.95**

MISSION: ALLERGY® Dust Mitts

Made from super-soft microfiber fabric with over 220,000 fibers per square inch, they fit over your hands like a mitten. Use one on each hand for double-fast cleaning! Retain dust without chemicals or sprays. Just wash to re-use repeatedly. Made in USA. Sold in packs of two or four.

Package of 2 **#DCM2 $10.95**
Package of 4 **#DCM4 $19.95**

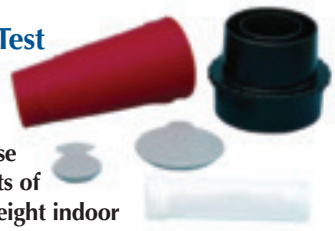
Dust Mask

3M™ mask prevents the inhalation of small allergen particles. Lightweight and comfortable, the rubber face seal, adjustable nose clip and two adjustable straps assure a correct fit, so that allergen cannot leak in around the edges of the mask. One-way exhalation valve prevents buildup of moisture. (Not for use with gases or vapors.) **#DM $9.95**

Eye Goggles

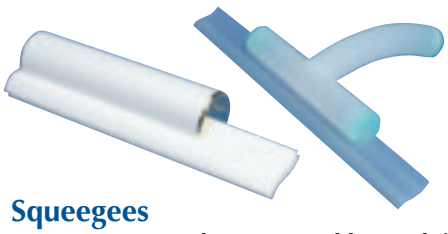
Protect your eyes from allergens and other small particles. Soft foam gives a tight but comfortable fit. Anti-fog lens. Lightweight. Made by Uvex®. **#EG $18.95**

Multiplex Test for Indoor Allergens



Obtain precise measurements of the levels of eight indoor allergens in your bed or carpet dust. Kit contains an easy to use DUSTREAM™ dust-collection device, and a postpaid mailer to send the sample to Indoor Biotechnologies, Inc., the premier lab for analysis of indoor allergen levels. You will receive a written report with the levels of 3 dust mite allergens, plus dog, cat, cockroach, mouse and rat allergen levels—with explanations of levels capable of causing allergy symptoms—for a complete allergen analysis of your home.

#MT $159.95



Squeegees

Remove water and prevent mold growth in the shower, with a squeegee that is nice to look at. These are so attractive that they are in the Smithsonian's Permanent Design Collection, and have been called "functional art" by The New York Times.

Contemporary Aqua **#QC $9.95**
Classic White-chrome trim **#QECH $19.95**
Classic White-brass trim **#QEBR $19.95**

Disposable Dust Mask

AllergyZone™ facemask blocks 95% of allergen particles as small as 0.3microns. Ultra-lightweight for superior comfort, it has an adjustable nose clip, two elastic straps, and a one-way exhalation valve to prevent moisture buildup. Discard after 5 days of use. (Not for use with gases or vapors.)

#DMAZ $9.95, set of 3

MISSION: ALLERGY® Dust Cloths

See information and pricing at top of page.

Air Control

"I always recommend Mission: Allergy products to my patients. Their educational material is second to none, and helps my patients to better understand allergy and reduce allergen exposure, and their mite-barrier encasings and other products are of the highest quality."

James P. Rosen, MD
Associate Clinical Professor of Pediatrics
University of Connecticut School of Medicine*

*Institutions are mentioned for identification purposes only; statements do not constitute an endorsement by the institution. The above physicians do not receive compensation from Mission: Allergy, Inc.

Delonghi® Dehumidifiers

Combine attractive appearance with high performance. Their contemporary design, with no unsightly parts visible from any side, and their low noise levels, due to extra insulation, make them appropriate for use in the living area of the home, rather than just in basements. Rounded corners, with no sharp edges, make them safe for homes with children. Water removed from the air goes into a fully enclosed tank. Works at temperatures between 44˚ and 90˚, for use in basements or living areas, during both summer and fall, when dust mites and mold peak. Features variable dryness control, automatic shutoff, top-mounted controls, and non-marring rubber wheels. One-year warranty.

Delonghi® Model DE-400P

Removes up to 40 pints of water per day from the air, to lower mite and mold growth. It also features a built-in pump that if desired immediately removes water from the collection tank. The water is pumped through the supplied 16-foot hose up to a height of 15 feet, allowing continuous action by the dehumidifier. Other dehumidifiers can remove a maximum of 25 pints per day, but will shut themselves off once the tank is full, so that unless you can frequently empty the water collection tank, they will not remove humidity up to their listed capacity. With the model DE400P, the automatic draining action of the pump allows the unit to function continuously, actually removing up to 40 pints of water from the air daily. Lateral intake and outflow grilles allow the unit to be placed directly against a wall, if desired. Quiet operation. Fully portable with Easy-Roll casters and convenient hand grip. Energy Star rated—meets strict energy efficiency guidelines set by the EPA and US Department of Energy. Adjustable electronic humidistat with easy to read LCD digital display and easy to use electronic controls. For rooms up to 2,200 sq.ft. 15.5″W x 14.5″D x 23″H; 48 lbs.

CHANGE FOR THE BETTER WITH ENERGY STAR

#DE400P $349.95
(Additional heavy item shipping charge, $9.95)

Air Dryr® Space Dryers

Eliminate mold growth in closets and other small spaces up to 10x10x10 feet. Works by a silent convection method, and is not hot to the touch. Damp air is drawn in through the base of the unit, and dry, heated air is released through the top perforations. The Air Dryr® has been shown to render mold spores non-viable. Electrical cost is equivalent to that of a light bulb.

13.5″W x 4.5″H; 3.5lbs. **#DAD $62.95**

Damp Check Moisture Absorber

Absorbs moisture from the air without electricity. The concentrated pellets in the dome attract water vapor, which collects in the bottom container for easy removal. The pellets attract more moisture and last longer than the flakes in competitive products. Ideal for closets, boats, campers and all areas up to 1000 cubic feet. **#DDC $7.99**

Moisture Absorber Refills-pack of 4 **#DDCRF $4.99**

BreathXchange® Air Warming Mask

Keep your lungs safe from the cold with the BreathXchange® respiratory heat exchange mask. These high quality masks use QXtec thermal conversion technology to retain your nasal and bronchial heat in cold temperatures. When you exhale, the module captures the heat and moisture in your breath; when you inhale, the module adds the warmth and moisture back into the inspired fresh air. No batteries or electronics are used. Your air passages will stay warm even when you're facing the cold—important for those with sensitive airways.

The **Half Mask** (pictured) covers the nose and mouth, and is ideal for most cold weather activities. Available in black in two sizes: S/M and L/XL.	**Small-Medium**	**#CMHS**	**$43.95**
	Large-XLarge	**#CMHL**	**$43.95**
The **Full Mask** is a Balaclava that covers the head as well as the nose and mouth, making it ideal for prolonged outdoor exposures or very low temperatures. Black; one size fits most.		**#CMF**	**$44.95**
The **Face Shield** is a lighter weight model, ideal for fast paced fall or winter activities such as walking, jogging, soccer, football or field hockey. Black; one size fits most.		**#CMFS**	**$33.95**

Slant Fin® Humidifiers

Add moisture to the air without the risk of mold and microorganisms. Care must be taken with any humidifier to not over-humidify the air. But other humidifiers can actually allow mold and bacteria to grow in them, and then spray those organisms into the air. Slant/Fin humidifiers are unique in having a dual germicidal process using both ultra-violet light and boiling, to create a mist 99.999% free of mold, mold spores and bacteria. Units feature a stainless steel hot water reservoir and variable humidity control. Three-year warranty.

Slant Fin® Model #GF200

Dual germicidal features (UV light and boiling). 2 gallon capacity for one day running time. 14″L x 7″W x 11″H; 6.2lbs. **#HSF200 $119.95**

Slant Fin® Model #GF350

Same germicidal features as GF200, but with 3.5 gallon capacity for two day running time. 14″L x 13″W x 14″H; 9.6lbs. **#HSF350 $159.95**

AllergyZone™ Central Heating and Air-Conditioning Filters

Clean the air passing through your central air system. Current residential air filters range from MERV 1 to MERV 12 on the ASHRAE (American Society of Heating, Refrigerating and Air-Conditioning Engineers) scale. The AllergyZone ™ XL1500 Ultra filters are MERV 12—the highest of any pleated filter available for home use—yet have high airflow and high particle retention capacity. The filter media will not absorb water, and will therefore not support bacterial or mold growth. Replace every three months. Available sizes: 14″x25″; 16″x20″; 16″x25″; 20″x20″; 20″x25″

#AL (specify dimensions)

1-pack (three-month supply)	**$16.95**
2-pack (six-month supply)	**$31.95**
4-pack (twelve-month supply)	**$59.95**

3M™ Filtrete™ Air-Conditioner/ Vent Filter

Traps dust, animal dander, pollen, and smoke particulates 20 times more effectively than ordinary air-conditioner filters. The electrostatically charged fibers trap allergen particles as small as 3 microns, while allowing the free flow of air. Lasts approximately two months. Measures 14″ x 24″; simply cut to size with scissors for easy installation. May also be used as a heating vent filter.

#ACF $7.95

Extech® Temperature/ Humidity Gauge

Monitors indoor humidity for dust mite and mold control. Large, easy to read displays show percent relative humidity, temperature and time. Memory with reset function stores minimum and maximum measurements for humidity and temperature. Gauge is approximately 3″x 4″, and comes with built-in stand, bracket for optional wall mounting, and AAA battery. **#GE $28.95**

Window Screen Pollen Filter

Fits between window and windowsill to allow the entry of fresh air into the home, while trapping 96% of pollen. Designed for double hung windows (see photo). The sturdy, rustproof aluminum frame holds a replaceable filter cartridge. Also keeps out insects, rain and wind, while minimizing noise. Seven-inch high model adjusts from 20″ to 36″ wide; eleven-inch high model adjusts from 25″ to 44″ wide.

Seven inch high screen	**#WS7**	**$16.95**
Replacement filter (7 in.)	**#WSRF7**	**$12.95**
Eleven inch high screen	**#WS11**	**$21.95**
Replacement filter (11 in.)	**#WSRF11**	**$15.95**

Air Cleaners

"I have purchased several products, including air purifiers, from Mission: Allergy. I have found the staff to be extremely informative, courteous, and patient, and the products and steps they have advised have helped to reduce my symptoms considerably."

N.W. Somerville, MA

Blueair® 501 HEPA Air Cleaner

Clean Air Delivery Rate:
377 cubic feet per minute for dust
388 cubic feet per minute for smoke
378 cubic feet per minute for pollen

The Blueair® 501 is the ultimate consumer air cleaner, rated #1 in its category by the Association of Home Appliance Manufacturers (see www.cadr.org). The Blueair® 501 has the highest CADR of all units tested, cleaning twice the amount of air per minute as the average air cleaner. No other air cleaner delivers as much clean air. To minimize drafts, the Blueair® 501 disperses clean air on three sides through an area six times larger than the average air cleaner. Also an energy-saver, the 501 uses the energy of a 15W bulb on the lowest speed and a 70W bulb on the highest speed. This means that the Blueair® 501 will cost $600 less to operate over five years* and will still clean more air than any other air-cleaner.

Produced in Sweden by Blueair®, Europe's leading manufacturer of air-cleaners, the 501's elegant contemporary design has received several European design awards, including the prestigious "Excellent Swedish Design" award. The Blueair® 501 is also featured in the permanent collection of the National Museum of Stockholm.

The Blueair® 501 is constructed almost entirely of galvanized steel, the material used in high-quality telecom equipment. The fan is made by EBM, the largest fan and blower company in the world and supplier to many major manufacturers of medical equipment. The 501 can operate at an unbelievably quiet 30 decibels. This unit is extremely well built and carries a ten year limited warranty. With four speeds, the 501 is capable of cleaning the air in a 24' x 24' (580 square foot) room.
Contains three HEPA filters. 19.7"W x 13.4"D x 25.6"H; 35 lbs.
Limited ten-year warranty. **#ABL501** **$499.95**
(Additional heavy item shipping charge, $9.95)

Replacement filters, set of three **#ABL501RF** **$79.95 set of 3**
Smoke-Stop filters, set of three **#ABL501RFS** **$149.95 set of 3**
**Comparison based on using 70W vs. 200W at $.012 KWh for 720 hours for 60 months.*

Also available:

Blueair® 601 (rooms to 680 square feet)	**#ABL601**	**$599.95**
Blueair® 402 (rooms to 360 square feet)	**#ABL402**	**$399.95**
Blueair® 201 (rooms to 200 square feet)	**#ABL201**	**$299.95**

Whirlpool® AP510 HEPA Air Cleaner

Clean Air Delivery Rate:
330 cubic feet per minute for dust
330 cubic feet per minute for smoke
288 cubic feet per minute for pollen

The new whirlpool AP510-30L is an exceptional value in mid priced air cleaners, with a top Clean Air Delivery Rate previously available only in the most expensive units. It effectively purifies air in rooms as large as 22'x23' (approx. 510 square feet). It is also uniquely quiet for its price class: 40 decibels at low speed and 45 at high speed (check www.whispure.com to hear sound level comparisons). Easy-to-use electronic controls include 4 speeds, lock to prevent accidental changing of settings, sleep mode to automatically adjust speed for eight hours, and filter-change indicator. Attractive design with built in handle compliments any décor, and is easily moved from room to room. 20"W x 10"D x 24"H; 21 lbs.
Five year warranty. **#AWH510** **$289.95**
Replacement HEPA filter, one **#AWH510RF** **$89.95**
Replacement carbon pre-filter, four **#AWH510RFP** **$24.95**

Blueair® ECO10

Clean Air Delivery Rate:
195 cubic feet per minute for dust
190 cubic feet per minute for smoke
200 cubic feet per minute for pollen

The new Blueair® ECO10 uses up to 95% less energy than other air cleaners in its class, for energy savings up to $190 per year. With an ultra-efficient fan motor, two speeds, effective pre-filters, and a main filter unit that can be vacuumed to prolong service life, the Blueair® ECO10 costs far less to run than other brands. Like its siblings, it has patented HEPA Silent™ technology and whisper-silent operation. The Blueair® ECO10 is capable of cleaning a room approximately 15' x 20' (298 square foot room.) Contains three HEPA filters. See our website for more information.
Lifetime warranty. **#ABLECO10** **$899.95**
(Additional heavy item shipping charge, $9.95)

"Mission: Allergy literature contains very useful, informative and factual information that I use when I discuss avoidance measures with my patients who suffer from respiratory allergies, and also provides an excellent resource for reliable products that are appropriate for allergic patients."

Richard R. Rosenthal, M.D.
Chief: Allergy Section
INOVA Fairfax Hospital*

*Institutions are mentioned for identification purposes only; statements do not constitute an endorsement by the institution. The above physicians do not receive compensation from Mission: Allergy, Inc.

Call or Write for FREE VIDEO

PureNight® Pure Air System

Clinically proven better sleep for allergy sufferers. The PureNight® Pure Air System takes a different approach from that of other air cleaners. Rather than attempting to remove most of the particles from an entire room, it removes essentially all of the particles from the air you breathe at night. Using "laminar flow" technology, the PureNight® bathes you in an envelope of 99% pure allergen-free air. Although there is no practical way to eliminate all of your allergen exposure over the 24-hour day, you can eliminate allergen exposure during the third of your life that you spend in bed.

The system consists of a 6 ½ inch tall HEPA filtration unit that slides inconspicuously beneath your bed and is connected by a vertical column to a horizontal Laminar Arm that extends over the head of the bed. Purified air from that arm flows in a "laminar" (non-turbulent) pattern over the head of the sleeper. In the morning, you can remove the laminar arm, attach the supplied daytime cap, and turn the unit into an all-day room air purifier.

The PureNight® assembles easily without tools, thanks to precise interlock connections. Use the quiet low speed during sleep, and the high speed for daytime operation. The HEPA filter should be changed once a year, the prefilter every 3 months. The PureNight is unique…in design and effectiveness.

Limited 5 year warranty.

#APN ~~$499.95~~ **Special Introductory price $449.99**
(Additional heavy item shipping charge, $9.95)

Replacement filters (one HEPA, four pre-filters)
#APNRF **$49.95**

How to Choose an Air Cleaner

What HEPA means and doesn't mean.

The filter is one of the key components of an air cleaner. Filter types are defined by the size and number of microscopic particles that they remove from the air passing through them. Microscopic particles are measured in microns. The period at the end of this sentence is approximately 400 microns in size. Pollen grains are 30 microns, dust mite waste particles are about 20 microns, and cat allergen particles vary from about 1 to 20 microns in size.

A HEPA (High Efficiency Particulate Air) filter removes 99.97% of all particles as small as 0.3 microns from the air that passes through it. But note that these percentages refer to the air that passes through the filter, not necessarily to all of the air in the room. Many advertisements give the misleading impression that any HEPA filter will clean the air in a room of more than 99% of its particles. The reality is that the amount of cleaning of the air in the room depends not just on the filter, but on the amount of air moving through the filter. This is expressed as the "clean air delivery rate", or CADR. Both the EPA and the American Lung Association recognize CADR as the appropriate test of air cleaner effectiveness.

What CADR means.

The Clean Air Delivery Rate is a measure of the amount of particle-free air being delivered into the room. It is the best measure of the true cleaning capacity of the air cleaner, since it reflects both the effectiveness of the filter and the amount of air going through the filter. The higher the clean air delivery rate, the larger the size room that can be effectively cleaned of airborne particles. Clean air delivery rates are measured using procedures standardized by the Association of Home Appliance Manufactures (AHAM). This allows the capacities of various air cleaners to be compared. Please note that most air cleaners have more than one fan speed, and that the advertised clean air delivery rate applies to the highest speed.

How to choose the right size unit.

Air cleaners are usually advertised with the room size for which they are recommended. Keep in mind however, that this recommendation is based on the unit's ability to provide five or six air changes per hour in a room of that size. That rate is sufficient to decrease particle levels in the room by about 70%. A larger unit in the same size room can produce eight or more air changes per hour, decreasing levels by 90% or more. This is the correct target in medical situations. Remember also that these figures are based on using the machine at its highest speed. This is also the noisiest speed. For less disturbance (and longer motor life) you may want to run the unit at less than its maximum blower speed, especially when you are in the room.

What is a laminar flow air system?

This alternative approach works by creating a small zone of totally particle-free air, for example around the head of a bed or around a working desk area. A typical room air cleaner is constantly mixing purified air with the room air, creating turbulent flow. A laminar flow system produces layered, non-turbulent air flow limited to a small area. This option may be considered as a supplement to, or in place of, a whole room air cleaner.

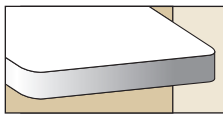
Toll-free: **1-877-NOALLERGY**
(1-877-662-5537)
Fax: **1-203-426-5607**
Web site: **www.missionallergy.com**

MISSION:ALLERGY

Mail: **Mission:Allergy**
Attn- Customer Service
28 Hawleyville Road
P.O. Box 45
Hawleyville, CT 06440

BILL TO:
Name: _____
Address: _____
City: _____
State: _____Zip: _____
Daytime Phone: _____
Evening Phone: _____
E-mail: _____

SHIP TO: (if different) (Note: FedEx can not deliver to P.O. Boxes.)
Name: _____
Address: _____
City: _____
State: _____Zip: _____
Gift message: _____
_____
_____



Please measure your mattress before ordering:
W _____ x **L** _____ x **H** _____

ITEM#	DESCRIPTION	SIZE/DEPTH	COLOR	QUANTITY	PRICE EACH	TOTAL PRICE

Merchandise Subtotal	
Shipping	
Additional heavy item shipping $9.95	
Additional shipping AK, HI $9.95	
Merchandise Subtotal Plus Shipping	
6% Sales Tax (CT Residents)	
TOTAL	

ORDER TOTAL:	SHIPPING:
One pillow encasing only	Free
Up to $25	$4.95
Up to $50	$7.95
Up to $75	$8.95
Up to $100	$10.95
Up to $200	$13.95
Up to $300	$16.95
Up to $400	$19.95
Over $400	$24.95

For one or two day air service, or for shipping outside of U.S., call for rates

METHOD OF PAYMENT:

☐ Check or money order ☐ Discover
☐ VISA ☐ MasterCard ☐ American Express

Card Number: _____

Expiration Date: _____ Security Code: _____

Signature: _____

Physician's Name: _____
(Will appear on receipt for insurance claim, tax-deduction or reimbursement purposes)

Catalog #C0803

MISSION:ALLERGY

Our Guarantee

We guarantee every item we sell without reservation. If for any reason whatsoever you are not completely satisfied with anything you order from MISSION: ALLERGY, you may return it within 30 days for an immediate exchange or refund.

Customer Service

Questions or concerns? Please call our customer service staff toll-free at 1-877-NOALLERGY between the hours of 8:30 a.m. and 5:00 p.m. Eastern Time, Monday through Friday.
Or e-mail us at customerservice@missionallergy.com

"(Your customer service representative) was super-helpful and courteous. I appreciate your return policy and am happy to do business with a company that really cares about its customers."

L.L.
San Diego, CA

"Thank you for your outstanding customer service. I ordered various products from Mission: Allergy, and was extremely pleased with the level of service that I received."

J.L.
Brighton, MA

"I appreciate the quick response to my questions and your concern regarding my order. I shall be using your company for future orders."

M.T.
Albuquerque, NM

"I truly appreciate the helpful, courteous service. And I so appreciate your products, and the peace of mind that I already feel when I think I can help my daughter breathe better."

M.B.
Storrs, CT

How To Order

By Phone:
Toll-free 1-877-NOALLERGY
(1-877-662-5537)
Monday - Friday 8:30am-7:30pm • Saturday 9:00am-4:30pm ET

By Fax: Fill out the order form and fax it to us at 1-203-426-5607

Online: www.missionallergy.com

By Mail: Fill out the order form and mail to:
MISSION: ALLERGY
Attn: Customer Service
28 Hawleyville Road
P.O. Box 45
Hawleyville, CT 06440

Payment

We welcome payment by VISA, MasterCard, Discover, American Express, check or money order.

Delivery Information

FedEx Federal Express

All orders are shipped within one business day via FedEx ground service.

FedEx next-day or second-day air service is available for an additional charge at special discounted rates.
Please contact a customer service representative for more information.
Please add $9.95 additional shipping to Alaska and Hawaii.
Please call for shipping rates to destinations outside of the U.S.

Gifts

If you are purchasing items as a gift, we will be happy to enclose a message from you. Simply fill in the appropriate line of the order form, or tell your customer service representative. Gift certificates are also available in any amount.

Returns

If you need to return an item, simply call Customer Service toll-free at 1-877-NOALLERGY between 8:30 a.m. and 5:00 p.m. Eastern Time, Monday through Friday. Returns must be in original packaging, in good condition.

FedEx service marks used by permission.

The
Mission: Allergy
Mitemobile

MISSION:ALLERGY

Allergy-Free Bedroom

Rx Patient's Name: _____ Date: _____

- ☐ Wipe smooth furniture weekly with a dust trapping cloth. 1 (page17)
- ☐ Wash sheets and pillow cases in hot water every 1-2 weeks. 2
- ☐ Wash blankets in hot water every 1-2 weeks, or use an allergen-barrier comforter or blanket. 3 (pages 13, 14, 15)
- ☐ Encase pillows in allergen-proof covers , or replace with allergen-barrier pillow. 4 (pages 11, 12)
- ☐ Encase mattress and boxspring in allergen-proof covers. 5 (page 11)
- ☐ Remove bedroom carpet. 6
- ☐ Remove upholstered furniture, stuffed toys and throw pillows. Keep clothing in a closet with the door closed. 7
- ☐ Remove curtains, using window shades or blinds instead. 8
- ☐ Dehumidify to under 50% by using an air conditioner, possibly supplemented with a dehumidifier. 9 10 (pages 18,19)
- ☐ Use a dust mask during allergen exposure. (page 17)
- ☐ Use allergen containment vacuum or vacuum bag. (page 16)
- ☐ Remove the pet from the home.
- ☐ Remove the pet from the bedroom, and bathe it twice weekly.
- ☐ Use a HEPA air cleaner 11 (page 20)
- ☐ _____
- ☐ _____

_____, MD

www.missionallergy.com
Toll Free: 1-877-NOALLER(GY) 1-877-662-5537

The Mission: Allergy Mitemobile

Catalog #C0803
Prices subject to change without notice.